

Cranbrook Pickleball Club 4.0 Skills/Performance Assessment

Name: _____

Date: _____

1 = Meets the Standard

2 = Needs Improvement

3 = Does not meet the Standard

Skill	Description	Observations	1	2	3
Serve	(Depth, direction, pace.)	In Deep Direction Pace/Sort			
ROS	(Depth, direction, variation)	In Deep Direction Pace/Sort			
Dinks	Straight up- easy to aggressive	Agro Errors			
Dinks	FH x-court – easy to aggressive BH x-court – easy to aggressive	F/H B/H			
3rd Shot	Drops from baseline- Continuous feed, (80% SU, 60% corner)	In Miss Long			
3rd Drive /Drop	<i>Drives from baseline, reset to NVZ</i>	Good Bad			
Transition 3 Stop	From baseline, 3 stop, to NVL	In Miss High			
Transition	From baseline: to NVL and return 3-4 complete reps	In Miss High			
Volley	Punch – Deep into court L and R	Deep Miss L/R			
Volley	Block – L and R (80%)	Into NVL Miss L/R			

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SKILLS OBSERVED DURING GAME	1	2	3
VOLLEYS: Can sustain volley exchange, hard to soft shot, and vice versa			
PUNCH VOLLEY: keeps opponents deep, some direction			
3RD SHOT DROPS/DRIVES: 3 rd shot drops from baseline with good success. Using 3 rd Shot Drives some success			
DINKING: sustains a dinking rally/ uses dinking strategies to promote "put away shots"			
UNFORCED ERRORS: very few, knows "out balls"			
THROUGH TRANSITION: Moves effectively with partner from baseline, through transition to NVL			
RESETS: executing reset shots from the Transition zone into NVZ, with good success			
ALONG NVL: Moves with partner			
COURT POSITON: proper court positioning in all phases of play.			
SHOT CHOICES: shows patience in developing play, good speed ups.			
NOT RUNNING THROUGH SHOTS: Is balanced and in control, split step			
COMMUNICATES: effectively, before and during play, switches			
GOOD MOBILITY/ POACH:			
LOBS/OVERHEADS: Lobs effectively / retrieves Lobs with good success, consistent OH's			

Comments: _____

Rating: _____

Done by: _____