

## Cranbrook Pickleball Club 3.0 Skills/Performance Assessment

Name: \_\_\_\_\_

Date: \_\_\_\_\_

1 = Meets the Standard

2 = Needs Improvement

3 = Does not meet the Standard

<b>Skill</b>	<b>Description</b>	<b>Observations</b> (helpful hints)	<b>1</b>	<b>2</b>	<b>3</b>
<b>Forehand</b>	Consistent with control 8-10 reps	In                      Out                      Direction                      Depth                      Pace			
<b>Backhand</b>	Some consistency, some control 8-10 reps	In                      Out                      Direction                      Depth                      Pace			
<b>Serve</b>	Consistent, with some depth 6 reps each side	In                      Out                      Direction                      Depth                      Pace			
<b>ROS</b>	Consistent, some depth and control 10 reps each side	In                      Out                      Direction                      Depth                      Pace			
<b>Dinks</b>	Some consistency, short exchange 10-12 Reps	Comments			
<b>Dinks</b>	X-court, some consistency BH/FH                      6-8 reps each	Comments			
<b>3<sup>rd</sup> Shot Drops</b>	Transition Drops Long dinking ½ court                      10 reps	In    Long    Out			
<b>3<sup>rd</sup> Shot</b>	Baseline Drops                      10 reps	In    Long    Out			
<b>Volley</b>	Can sustain a short volley session 4-5 reps	Slow    Fast			

## Cranbrook Pickleball Club 3.0 Game Assessment

Name: \_\_\_\_\_

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SKILLS OBSERVED DURING GAME	COMMENTS	1	2	3
<i>FOREHAND: directional control, some depth</i>				
<i>BACKHAND: some control, some consistency</i>				
<i>SERVE: consistency, some Depth</i>				
<i>RETURN OF SERVE: consistency, some depth, some direction, (can hit to either opponent)</i>				
<i>RALLIES: maintains short rallies</i>				
<i>MOVES TO NVL: quickly with partner, stays at line</i>				
<i>MOVES ALONG NVL: learning to with partner</i>				
<i>DINKING: sustain short exchange</i>				
<i>3<sup>rd</sup> SHOT DROP: attempting from transition and baseline</i>				
<i>VOLLEY: short exchange at net</i>				
<i>PUNCH VOLLEY: uses to keep Opponents deep in court</i>				
<i>COMMUNICATES: with Partner</i>				

COMMENTS: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

RATING: \_\_\_\_\_

OBSERVATION TEAM: \_\_\_\_\_